

JEONNAM WELLNESS 3D2N

Jeonnam

Forest • Tea • Relax • Healing



– Itinerary –



DAY 1 | FOREST HEALING

◆Juknokwon Bamboo Forest

Walk through Korea's most famous bamboo forest and enjoy meditation and peaceful woodland trails. A refreshing escape into nature.

◆Damyang Metasequoia Road

Stroll beneath towering metasequoia trees and enjoy a relaxing forest bath. An optional cycling experience is also available.

◆Gwanbangjerim Forest

Take an evening walk along the riverside forest path and admire the tranquil scenery. Experience the slow-paced charm of Damyang.



DAY 2 | GREEN TEA HEALING

◆Boseong Green Tea Fields

Explore Korea's iconic green tea plantations, enjoy panoramic tea-field scenery, experience a green tea foot bath and taste green tea ice cream.

◆Korea Tea Museum

Discover the history of Korean tea culture, experience a traditional tea ceremony and join a green tea blending workshop.

◆Yulpo Seawater Green Tea Center

Relax in a unique seawater and green tea spa while enjoying one of Jeonnam's signature wellness experiences.



DAY 3 | FOREST THERAPY

◆Jangheung Cypress Forest Wood Land

Walk through fragrant cypress forests and experience a guided forest healing program that refreshes both body and mind.

◆Jeongnamjin Observatory

Enjoy panoramic views of Korea's southern coastline before taking a relaxing stroll along the scenic seaside walkway.

JOURNEY HIGHLIGHTS



BAMBOO FOREST |



GREEN TEA FIELDS



TEA SPA |



FOREST THERAPY

Travel Information

Item	Details
Tour Duration	3 Days / 2 Nights
Minimum Group Size	From 2 Travelers
Operating Period	Available Year-round
Accommodation	4-Star Hotel
Meals	Breakfast × 2
Transportation	Private Vehicle with Driver or Driver-Guide
Guide Service	Chinese / English / Japanese/Others (Optional)
Booking	Instant Online Reservation
E-Voucher	QR Code Confirmation
Tour Price	Standard Pricing (Based on Group Size)

Travel Notes

- The itinerary may be adjusted due to weather, traffic conditions or attraction availability.
- Photos are for reference only. Actual arrangements are subject to local operations.
- Hotels of the same category will be arranged. Equivalent accommodations may be provided when necessary.
- Please keep your personal belongings and travel documents safe throughout the trip.